# OUTDOOR NURSERY MENU WINTER 2023

Week 1 Begins - 30 Oct, 20 Nov, 11 Dec, 15 Jan, 5 & 26 Feb, 18 Mar Week 2 Begins - 6 & 27 Nov, 18 Dec, 22 Jan, 12 Feb, 4 & 25 Mar Week 3 Begins - 13 Nov, 4 Dec, 8 & 29 Jan, 19 Feb, 11 Mar

# MONDAY

#### WEEK 1

Traditional Mince and Mealie

(Gluten/Celery)

#### WEEK 2

Tomato Pasta

Vegetarian/Vegan - (Gluten/ Mustard/Soya)

#### WEEK 3

Gluten Free Bubble Fish

(Fish)



## TUESDAY

#### WEEK 1

Gluten Free Salmon Fish Fingers

#### WEEK 2

Chicken Korma
(Celery/Milk/Mustard)

## WEEK 3

Baked Potato with Cheese

Vegetarian - (Milk)



# WEDNESDAY

#### WEEK 1

Baked Potato with Baked Beans

Vegetarian

#### WEEK 2

Baked Potato with Cheese

Vegetarian - (Milk)

#### WEEK 3

Pasta Bolognaise

(Gluten/Mustard/Soya)



# **THURSDAY**

## WEEK 1

Chicken Pie (Gluten/Milk/Celery)

#### WEEK 2

Macaroni Cheese

(Gluten/Soya/Milk/Mustard)

### WEEK 3

Roast Chicken with Gravy and Yorkie

(Gluten/Egg/Milk)



## FRIDAY

#### WEEK 1

Gluten Free Meatballs in Bolognaise Sauce

(Soya/Sulphur Dioxide)

#### WEEK 2

Chicken Burger

(Gluten/Sulphur Dioxide)

#### WEEK 3

Stuffed Crust Cheese and Tomato Pizza

Vegetarian - (Gluten/Milk)

