



HAPPY & HEALTHY LEARNING TOGETHER

PROJECT OUTLINE

The recent SHIINE Report highlighted that young learners in Aberdeen are facing poor mental health, negative body positivity issues and have a perceived fear of the future.

Creative Learning, together with Hazlehead and Ashley Road Primary Schools, developed this 8-week project, to improve health & well being for all. Four local Freelance Artists led the project with the pupils to discuss the issues raised and develop a project to help express our young peoples thoughts and fears.

Learners health & wellbeing was improved through creativity and art experiences, whilst learners directly influenced MORE of their own creative learning within the classroom whilst developing real-life Meta Skills to help build resilience. [Find out more here](#)



This project was funded by Education Scotland through the National Creative Learning Network.

"We are very excited to be part of the project. Off page learning in a real life environment. This broadened the curriculum and was a very positive experience for both staff and kids"

Head Teacher

FEEDBACK

"The school community benefitted from outside creative talent coming into the school"

Head Teacher

"A very wide spectrum of skills were developed within the project, based around our existing skills framework"

P7 Teacher

"This project allowed us to have open and honest conversations about mental health".

P6 Teacher



**132 young people from P6 & P7,
IMPROVED their mental health and wellbeing,**

STATISTICS

Number of Freelance Artists employed on project	5
Number of Aberdeen City P6 & P7 pupils participating in project	132
Total number of workshops	32
Number of learners reporting improved health & wellbeing having taken part in this project	100%
Number of learners reporting an increase in creative skills development	100%

