





great aberdeen run

Great Aberdeen Run 2019

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The Simplyhealth Great Aberdeen Run returns to the city on Sunday 25 August.

Starting and finishing on Union Street, thousands of runners are expected to walk, jog, or run past Aberdeen's famous landmarks while spectators line the streets to cheer them on.

The day will begin with the family run at 9am, followed by the 10K and half marathon both starting at 10.30am.

Whether you take on the half-marathon, 10k or family run, there is something for all ages and abilities at the Great Aberdeen Run.

The Route

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Both the 10k and half-marathon start and finish on Union Street taking runners east, past Aberdeen's Townhouse and towards the famous Castlegate before turning right down Marischal Street towards Aberdeen Harbour and to the beachfront.

From here the 10k and half-marathon runners will split, but with both groups taking in many iconic Aberdeen landmarks, including Old Aberdeen, the Kirk of St Nicholas, His Majesty's Theatre, Aberdeen Art Gallery, Union Terrace Gardens and a run through the beautiful picturesque Seaton Park.

**WHAT OUR
RUNNERS
SAID...**

**“Well
organised event,
lovely course,
thank you for such
a great day!”**
Sharin Trevelyan

**“Brilliant event,
great route,
fantastic support”**
Brian McMenemy

**“Super, Super
event!
Was lovely to see our
city buzzing
with excitement!”**
Laura Angus

**“Really loved the
half marathon today.
Met loads of lovely people
and got a PB to boot!”**
Kevin Smith

**“Great event
and amazing
atmosphere...
Aberdeen
was buzzing!!!”**
Sharin Trevelyan

Business Challenge

Would you and your colleagues like to get fit, raise money for charity or simply have fun as a team? Why not be part of the Business Challenge, supported by Aberdeen & Grampian Chamber of Commerce! www.greatrun.org/great-aberdeen-run/business-challenge

Great Runners Welcome

Great Runners Welcome gives local businesses the chance to get involved in the Simplyheath Great Aberdeen Run by providing some fantastic offers to runners before and after the run.

This proved to be a great success for many businesses in previous years, to participate this year visit: www.greatrun.org/great-aberdeen-run and register your offer.