

# YOUR ACTIVITY TRACKER

You're now part of the Aberdeen Activity Challenge!

Walk or run the Simplyhealth Great Aberdeen Run course one run at a time.

You can do your run anywhere at anytime but use this map to keep track of your progress.

Complete 13 runs to conquer the Aberdeen Activity Challenge!

And don't forget, enter the Simplyhealth Great Aberdeen Family Run and bring this completed tracker with you on the day to receive a special prize.

NAME: \_\_\_\_\_





**KIDS RULE THE ROADS OF ABERDEEN!**  
**TAKE PART IN THE SIMPLYHEALTH GREAT ABERDEEN FAMILY**  
**RUN AND EXPERIENCE AMAZING CROWD SUPPORT, ENJOY**  
**YOUR FINISH LINE MOMENT AND WEAR YOUR MEDAL WITH**  
**PRIDE.**



**DISTANCE - 1 MILE**  
**SUNDAY 25 AUGUST 2019**  
**GREATRUN.ORG**

Simplyhealth  
great **aberdeen**  
run  
**family**