



**everyday**

**health and social support**



**everyday**

**services for the homeless**

## **MONDAY**

### **ABERDEEN CITY MISSION HAVEN DROP-IN**

**Gerrard Street Baptist Church  
Hall,  
Gerrard Street.**

5.30 - 7.15pm

**Hot food & drink, clothing (once  
per month), chat and support**

## **TUESDAY**

### **STREET ALTERNATIVES**

**Cyrenians  
62 Summer Street.**

6 - 7.30pm

**Criteria for entry = Pass Card  
issued when person can show that  
they are Registered Homeless,  
staying in a hostel or have no  
cooking facilities**

**TUESDAY**

**FOUNTAIN OF LOVE**

31 Palmerston Road

6 - 7.15pm

Microwave meal & hot drink.

**TUESDAY**

**SAINT VINCENT DE PAUL**

Roman Catholic Cathedral

Huntly Street

7.30 - 8.30pm

Food and clothes parcels

**WEDNESDAY**

**SALVATION ARMY**

Murcat Cross

Castlegate

6.30pm

Soup & Sandwiches

**THURSDAY**

**STREET ALTERNATIVES**

Cyrenians

62 Summer Street

6 - 7.30pm

Criteria for entry = Pass Card issued when person can show that they are Registered Homeless, staying in a hostel or have no cooking facilities.

**FRIDAY**

**QUAY DROP-IN**

Run by ABERDEEN CITY MISSION

Elim Pentecostal Church

Theatre Lane

(just off Marischal Street,

Waterloo Quay)

6.30 - 8pm

Hot food & drink; chat and support.

**SATURDAY**

**CYRENIANS**

**WEEKEND DROP-IN**

Cyrenians

62 Summer Street

12noon - 2pm

Hot food & drink

**SATURDAY**

**GILCOMSTON SOUTH**

**CHURCH OF**

**SCOTLAND**

Union Street

(nr Summer St)

9 - 11pm

Hot chocolate & chat

**SUNDAY**

**CYRENIANS**

**'WEEKEND DROP-IN**

Cyrenians

62 Summer Street

12noon - 2pm

Hot food & drink

**ALSO...**  
**MONDAY - FRIDAY**  
**THE FAITH CLINIC**

**Fountain of Love**  
**31 Palmerston Road**  
12noon - 2pm  
**Microwave meal & hot drink**

**MONDAY - SATURDAY**  
**THE PEACE HOUSE**  
**LIFE CENTRE**

**57 Wellington Street**  
11am - 1pm  
**Cereal breakfast & hot drink**

**Marywell Healthcare**  
**Centre**

**(Practice for the Homeless)**  
**90 College Street**  
**Aberdeen**  
**AB11 6FD**

Tel: 01224 594108

**Opening Hours:**

Monday - Friday  
9am - 1pm & 2pm - 5pm  
(Dentist Thursday 9am - 1pm).

**Access to doctor, nurse  
practitioner, dentist and  
chiropodist. Appointments  
required for some services**

**Aberdeen Cyrenians**

**Summer Street Project**  
**62 Summer Street,**  
**Aberdeen AB10 1SD**

Tel: 01224 625732

Email: [summer.street@aberdeen-cyrenians.org](mailto:summer.street@aberdeen-cyrenians.org)

**Opening Hours:**

Monday & Thursday 9.15am -  
4.45pm. Tuesday & Friday 9.15am -  
3.45pm. Wednesday 9.15am - 1pm

**Evenings:**

Tuesday & Thursday 6.15 - 9pm.  
Sunday lunch served from 10am -  
2pm

**Walk-in centre providing support,  
leisure activities, laundry and  
shower**

## **Alcohol Support & Counselling Service (AACS)**

**62 Dee Street  
Aberdeen AB11 6DS  
01224 573887**

[www.alcoholsupport.co.uk](http://www.alcoholsupport.co.uk)

### **Opening Hours:**

Phone advice Monday - Thursday  
9.00am - 9.00pm  
Friday 9am - 4pm  
Saturday 9am - 1pm

**Provides support, advice and free confidential counselling**

## **Family Planning Clinic**

**(Square 13)  
13 Golden Square  
Aberdeen  
AB10 1RH**

Tel: 01224 642711

### **Opening Hours:**

Monday - Wednesday 8.45am - 5pm  
Friday 8.45am - 4.30pm  
Thursday 8.45am - 3.45pm &  
4.15pm - 6.30pm

**Advice on contraception, free condoms, pregnancy testing, emergency contraception & sexual health checks**

## **Drugs Action**

**7 Hadden Street  
Aberdeen AB11 6NU**

[www.drugsaction.co.uk](http://www.drugsaction.co.uk)

Tel: 01224 577120

Email: [Info@drugsaction.co.uk](mailto:Info@drugsaction.co.uk)

### **Opening Hours:**

Monday - Friday 9am - 5pm

**Helpline:** 01224 594700

Monday - Wednesday & Friday  
11.00am - 1pm & 2pm - 5pm  
Thursday 2pm - 6pm

**Services and advice for drug users and ex-users**

## **Jobcentre Plus**

**Greyfriars House  
Gallowgate  
Aberdeen  
AB10 1ZU**

[www.jobcentreplus.gov.uk](http://www.jobcentreplus.gov.uk)

### **Opening Hours:**

Monday - Friday 9am - 5pm  
Wednesday 10am - 5pm

## **Aberdeen Welfare Rights**

1st Floor  
St Nicholas House  
(Upperkirkgate entrance)  
Aberdeen AB10 1JS

**Advice line:** 01224 523203

### **Opening Hours:**

Monday - Friday 9.30am - 12.30pm

**Advice on all aspects of the benefits system. Can help with completion of forms, appeals etc**

## **Comumunity Support Services**

139 Gallowgate  
Aberdeen  
AB25 1BU

[www.aberdeen-cyrenians.org](http://www.aberdeen-cyrenians.org)

### **Opening Hours:**

Monday - Friday 9am - 4.45pm

**For independent support, advice, information and representation for homeless people**

## **Rape and Sexual Abuse North East**

46a Union Street (2nd Floor)  
Aberdeen AB10 1BD

### **Opening Hours:**

Helpline 01224 620772

Monday - Friday 9am - 5pm

Monday & Thursday

7pm - 9pm

**Free confidential support service to women who have experienced sexual violence**

## **Victim Support**

32 Upperkirkgate  
Aberdeen  
AB10 1YH

Tel: 01224 622478

### **Opening Hours:**

Monday - Friday 10am - 4pm

**Offers practical and emotional support to all victims of crimes, irrespective of whether these have been reported to the police**

## Shelter

**Freephone Advice Line:** 0808  
8004444  
Monday - Sunday 8am - 12am



**ABERDEEN**  
CITY COUNCIL