

# School lunch menu

**SUMMER 18.4.11-30.9.11**

WEEKS BEGINNING:		18 APRIL	30 MAY	22 AUGUST	3 OCTOBER
<b>WEEK 1</b>	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THURS</b>	<b>FRI</b>
<b>Buffet</b>	Assorted Sandwiches - Tuna - - Cheese (v) - Breadsticks Mixed Peppers		Assorted Sandwiches - Ham - - Corned Beef - Chipolata Sausages Salsa		Assorted Sandwiches - Tuna - - BLT - Cheese Cubes Cucumber
<b>Main Meals</b>	Bolognaise with Spaghetti & Mixed Peppers Salmon Nuggets with Boiled Potatoes & Peas	Chicken Casserole with Potato Croquettes & Green Beans Macaroni Cheese with Green Beans (v) Pepperoni Panini with Coleslaw	Chicken Korma with Rice & Sweetcorn Baked Potato - Tuna - - Cheese (v) - - Salsa -	Steak Pie with New Potatoes & Cauliflower Spicy Tomato Pasta with Beetroot (v) Chicken Mayonnaise Salad with New Potatoes & Beetroot	Broccoli Bake with Pasta & Baby Carrots (v) Chicken Grill with Pasta & Cucumber
<b>Free Bread</b>	Garlic Bread	Crusty Bread	Naan Bread	Assorted Bread	Assorted Bread
<b>Desserts</b>	Fruit Crumble & Custard Cheese & Biscuits Yoghurt Fresh Fruit	Peach Shortcake Cheese & Biscuits Yoghurt Fresh Fruit	Angel Jelly Cheese & Biscuits Yoghurt Fresh Fruit	Rice Pudding & Sultanas Cheese & Biscuits Yoghurt Fresh Fruit	Fruit Muffin Cheese & Biscuits Yoghurts Fresh Fruit

SHOWN AS A MEAL SUGGESTION ONLY. Fruit juice, milk, water, salad bowl & free bread available daily. Vegetarian option (v).

# School lunch menu

**SUMMER 18.4.11-30.9.11**

		WEEKS BEGINNING:					
		25 APRIL		6 JUNE		29 AUGUST	
		MON	TUES	WED	THURS	FRI	
WEEK 2	Buffet	Assorted Sandwiches - Tuna - - Cheese (v) - Pizza Finger Pineapple		Assorted Sandwiches - Tuna - - Egg (v) - Cocktail Sausage Roll Beetroot		Assorted Sandwiches - Chicken Tikka - - Cheese Spread (v) - Rice Salad Coleslaw	
	Main Meals	BBQ Chicken with Creamed Potatoes & Broccoli Grilled Sausages with Creamed Potatoes & Baked Beans Quorn Sausages with Creamed Potatoes & Baked Beans (v)	Shepherd's Pie with Carrots Cheese Wheel (v) with Pasta & Cucumber Sticks Ham Salad with Pasta & Cucumber Sticks	Sweetcorn & Pepper Quiche with Chips & Beetroot (v) Breaded Haddock with Chips & Peas	Roast Chicken & Mealie with Potato Croquettes & Mixed Vegetables Herbie Spaghetti with Grated Carrots (v) Egg Mayonnaise with Potato Croquettes & Grated Carrots (v)	Baked Potato with Tuna & Sweetcorn Burger in a Bun with Spaghetti Hoops & Coleslaw Veggie Burger in a Bun with Spaghetti Hoops & Coleslaw (v)	
	Free Bread	Assorted Bread	Crusty Bread	Assorted Bread	Garlic Bread	Assorted Bread	
	Desserts	Tiffin Cheese & Biscuits Yoghurt Fresh Fruit	Banoffee Flan Cheese & Biscuits Yoghurt Fresh Fruit	Carrot Cake & Cream Cheese & Biscuits Yoghurt Fresh Fruit	Pears & Chocolate Custard Cheese & Biscuits Yoghurt Fresh Fruit	Fruit Ice Smoothie Cheese & Biscuits Yoghurt Fresh Fruit	

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**SUMMER 18.4.11-30.9.11**

**WEEKS BEGINNING:**

**2 MAY**

**13 JUNE**

**5 SEPTEMBER**

**WEEK  
3**

**MON**

**TUES**

**WED**

**THURS**

**FRI**

Buffet

Assorted Sandwiches  
- Tuna -  
- Corned Beef -  
Pasta Salad  
Sweetcorn

Assorted Sandwiches  
- Ham -  
- Cheese (v) -  
Chicken Finger  
Salsa

Assorted Sandwiches  
- Chicken -  
- Tuna -  
Cheese Cubes  
Pineapple

Main Meals

Chicken Curry  
with Rice  
& Sweetcorn  
Cheesy Tomato  
Pasta with  
Mixed Vegetables (v)

Lasagne with Tomato  
& Cucumber  
Fish Fingers with  
Potato Wedges  
& Baked Beans  
Spicy Vegetable Wrap  
with Tomato &  
Cucumber (v)

Home Made Meatballs  
with Pasta & Peas  
Sausage in a  
Hot Dog Roll  
with Salsa  
Quorn Sausage  
in a Hot Dog Roll  
with Salsa (v)

Chicken Pie with  
Potato Croquettes  
& Green Beans  
Baked Potato with  
Cheese & Coleslaw (v)  
Ham Salad with  
Potato Croquettes  
& Coleslaw

Steak Casserole  
with Boiled Potatoes  
& Broccoli  
Cheese & Tomato  
Pizza with  
Baked Beans (v)

Free Bread

Flat Bread

Garlic Bread

Assorted Bread

Crusty Bread

Assorted Bread

Desserts

Angel Whirl  
Cheese & Biscuits  
Yoghurt  
Fresh Fruit

Jam Shortcake  
& Custard  
Cheese & Biscuits  
Yoghurt  
Fresh Fruit

Lemon Flan  
Cheese & Biscuits  
Yoghurts  
Fresh Fruit

Chocolate Crispie  
& Custard  
Cheese & Biscuits  
Yoghurts  
Fresh Fruit

Peach Melba  
Cheese & Biscuits  
Yoghurts  
Fresh Fruit

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**SUMMER 18.4.11-30.9.11**

		WEEKS BEGINNING:				
		9 MAY		20 JUNE	12 SEPTEMBER	
		MON	TUES	WED	THURS	FRI
WEEK 4	Buffet	Assorted Sandwiches - Tuna - - Cheese (v) - Bread Sticks Salad		Assorted Sandwiches - Tuna - - Ham - Cocktail Sausage Roll Grated Carrots		Assorted Sandwiches - Tuna - - Coronation Chicken - Potato Salad Peaches
	Main Meals	Mince & Pastry Square with Boiled Potatoes & Carrots Fish Cake with Spaghetti Hoops and Green Beans	Hot Kickin Chicken with Potato Wedges & Sweetcorn Macaroni Cheese with Grated Carrots (v) Cold Roast Pork with Potato Wedges & Grated Carrots	Cauliflower Cheese with Creamed Potatoes & Peas (v) Sausage Roll with Creamed Potatoes & Baked Beans	Chicken Korma with Rice & Broccoli Cheese & Ham Panini Egg Salad with Rice & Coleslaw (v)	Roast Beef & Yorkshire Pudding with Roast Potatoes, Broccoli & Cauliflower Mix Pasta Bake with Tomato & Cucumber (v)
	Free Bread	Assorted Bread	Garlic Bread	Crusty Bread	Assorted Bread	Assorted Bread
	Desserts	Iced Sponge & Custard Cheese & Biscuits Yoghurt Fresh Fruit	Mandarin Cheesecake & Cream Cheese & Biscuits Yoghurt Fresh Fruit	Strawberry & Raspberry Sorbet Cheese & Biscuits Yoghurt Fresh Fruit	Fruit Crunch & Custard Cheese & Biscuits Yoghurt Fresh Fruit	Jelly Jewels Cheese & Biscuits Yoghurt Fresh Fruit

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SUMMER 18.4.11-30.9.11

		WEEKS BEGINNING:				
		16 MAY		27 JUNE	19 SEPTEMBER	
WEEK 5		MON	TUES	WED	THURS	FRI
Buffet		Assorted Sandwiches - Tuna - - Cheese (v) - Pizza Fingers Cucumber		Assorted Sandwiches - Chicken - - Gammon - Cheese Straws & Cucumber Coleslaw		Assorted Sandwiches - Corned Beef - - Egg (v) - Pasta Sweetcorn
Main Meals		Cheese & Tomato Quiche with Boiled Potatoes & Cucumber (v) Sausages with Boiled Potatoes & Baked Beans Vegetarian Sausages with Boiled Potatoes & Baked Beans (v)	Roast Chicken & Mealie with Creamed Potatoes & Broccoli Baked Potato with Cheese (v) Ham Salad with Potatoes & Coleslaw	Beef Stir Fry with Chips & Mixed Peppers Breaded Haddock with Chips & Peas	Chicken Fricasee with Rice & Sweetcorn Vegetarian Noodles with Grated Carrots (v) Tuna Melt Baguette with Grated Carrots	Spicy Nachos with Cheese Pasta & Green Beans Salmon Nibble Sub with Sweetcorn
Free Bread		Assorted Bread	Garlic Bread	Crusty Bread	Garlic Bread	Assorted Bread
Desserts		Angel Whirl Cheese & Biscuits Yoghurt Fresh Fruit	Sticky Toffee Pudding & Custard Cheese & Biscuits Yoghurt Fresh Fruit	Fruit Gateau Cheese & Biscuits Yoghurt Fresh Fruit	Chocolate Cracknel & Custard Cheese & Biscuits Yoghurt Fresh fruit	Ice Cream Sundae Cheese & Biscuits Yoghurt Fresh Fruit

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WEEKS BEGINNING:		23 MAY	15 AUGUST	26 SEPTEMBER	
WEEK 6	MON	TUES	WED	THURS	FRI
Buffet	Assorted Sandwiches - Tuna - - Cheese (v) - Scone Cucumber		Assorted Sandwiches - Tuna - - Spicy Chicken - Cheese Cubes Coleslaw		Assorted Sandwiches - Egg (v) - - Turkey - Chipolata Sausages Beetroot
Main Meals	Marzetti with Cucumber Haddock Bites with Boiled Potatoes & Baked Beans	Chicken Curry with Rice & Green Beans Cheese Wheel with Rice & Grated Carrots (v) Meatball Sub & Salad with Grated Carrots	Mince with Potatoes & Carrots Chicken or Quorn Fajitas with Coleslaw (v)	Pasta Marengo with Mixed Peppers (v) Chicken Vol-au-Vents with Creamed Potatoes & Sweetcorn Cold Roast Beef Salad with Creamed Potatoes & Mixed Peppers	Home Made Beef Olives with Potato Croquettes & Peas Cheese & Tomato Pizza with Potato Croquettes & Beetroot (v)
Free Bread	Assorted Bread	Naan Bread	Assorted Bread	Crusty Bread	Garlic Bread
Desserts	Chocolate Sponge & Custard Cheese & Biscuits Yoghurt Fresh Fruit	Meringues with Fruit Cheese & Biscuits Yoghurt Fresh Fruit	Apple Pie & Cream Cheese & Biscuits Yoghurt Fresh Fruit	Cookie Cheese & Biscuits Yoghurt Fresh Fruit	Fresh Fruit Salad & Cream Cheese & Biscuits Yoghurt Fresh Fruit

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